

**Undeniable
Biblical
Proof**

JESUS CHRIST

**Will
Return
To
Planet
Earth
Exactly
2,000
Years
After
The
Year
Of
His
Death**

What you MUST DO to be ready!!!

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Chapter 2

Physical / Spiritual

*“And the Lord God formed man of the dust of the ground,
and breathed into his nostrils the BREATH OF LIFE;
and man became a living SOUL”
(Genesis 2:7)*

Before I go any further in revealing what the Bible is all about and God’s purpose for writing it, it is imperative you first have a firm mental grasp of two very real realms—namely, the physical realm and the spiritual realm. For without a clear realization and understanding of these two factual realms and how they relate to the makeup of a human being, it is impossible to understand the true meaning of the Bible. Therefore, I will delve into a fairly detailed analysis of these two realms in this chapter. Please do not skip over this chapter, because internalization of these concepts has power to change your life, which in turn will change your eternal destiny!

As a brief and very general introduction, the physical realm is made up of “material” that we can currently see, touch, taste, smell, and hear. Scientists call this material “matter”, and matter is made up of “atoms”. On the other hand, the spiritual realm is made up of “material” that we cannot currently see, touch, taste, or smell. It is like an invisible dimension existing all around us, in us, and throughout the

entire physical universe! The Bible reveals God created the physical realm and much—if not all—of the spiritual realm. As human beings, we live on planet Earth consciously interacting with the physical realm. But the crucial concept to comprehend is “what” we REALLY are! We are spiritual beings housed in physical bodies! In other words, human beings are made of both realms—physical & spiritual!!! Our physical material is our flesh, which is made up of Earthly atoms, but our spirit “material” is our soul, which contains our thoughts, desires, & emotions. Are you confused? Well, let us dig Biblically deeper into each of these two realms; physical first, then spiritual.

The first sentence in the Bible is powerfully complete, yet impressively concise, in describing God’s created physical realm known as the “universe”, which consists of time, space, and matter. God the Father, Son, & Holy Ghost simultaneously brought these three characteristics into co-existence at the genesis of Creation: “*In the beginning (time) God created the heaven (space) and the earth (matter)*” (*Gen 1:1*). Astonishingly symmetric and poetic, these three dimensions each have their OWN respective trinities: Time consists of past, present, & future; space contains length, width, & height; and matter exists as solid, liquid, & gas. This trinity of trinities was all conjured up and designed by God and makes up the PHYSICAL realm (world).

We owe our five sense “experience” to the creativity God bestowed upon the physical world. Mankind would not have a clue what a star is or looks like if God had not created one. And who could have dreamed of an elephant’s size, shape, and color if God had not made one? And no one would have conceived of the splendid color, texture, and fragrance of a flower’s bloom without God’s handiwork. All of these physical wonders are part of God’s impressively created physical world. The Bible says it best: “*The heavens are telling the glory of God; they are a marvelous display of his craftsmanship. Day and night they keep on telling about God. Without a sound or word, silent in the skies, their message reaches out to all the world. The sun lives in the heavens where God placed it and moves out across the skies as radiant as a bridegroom going to his wedding*” (*Psalms 19:1-5, Living Bible*).

Step outside some full moon night and watch in admiration as wind-driven, translucent, angelic-shaped clouds whisk past its white reflected light. Gaze in awe at a morning sky splayed in shades of orange and red, as the burning sun crests the horizon. Watch our circular sun black out perfectly for a few breathtaking seconds by our eclipsing circular moon during a solar eclipse, and reason at the precision of God's handiwork in calculating the sizes, shapes, and distances between these heavenly bodies to afford us such a spectacular physical event! Marvel at the fact our moon orbits planet Earth, fully, every 27½ days but appears to take 29½ days because planet Earth is traveling 66,000 miles an hour in its orbit around the sun and has moved so far along its arc that from our perspective it takes an extra two days for the moon to go from one full moon to another. Then wonder at the magnificence and meticulousness of God for creating our moon to revolve once on its axis every 29½ days; thus, we continuously see the same side of the moon! Yes, my friend, the heavens are truly declaring the existence, precision, and glory of God!

But what about mankind's physical body? How did God conjure up the physical features of a human being? Friend, He patterned us after himself!!! "*And God said, Let US make man...after our likeness*" (Genesis 1:26). The original Hebrew word translated "*likeness*" is "*d'mût*", meaning: likeness, figure, image, form. In a nutshell, we were fashioned to look like God! Thus, the physical concept of a human being having legs to walk, arms to hold, torso to twist, eyes to see, mouth to taste, nose to smell, and ears to hear was not the product of millions of years of random, evolutionary chance: It was God making us "like Him"! It is insanity to believe mindless spontaneity created the physical features of a human being, yet macro-evolutionary theory proposes such a ridiculous idea.

Scientists, if you want to know where the ear and the eye came from, study the Scriptures: "*Understand, ye brutish among the people: and ye fools, when will you be wise? He (God) that planted the ear, shall he not hear? He (God) that formed the eye, shall he not see?*" (Psalms 94:8, 9). Scientists are still trying to understand "light", for it is an extremely complex phenomenon, having the properties of both waves and particles. Yet, macro-evolutionists want us to believe good-

old random “nothingness” new exactly what light is, designing an eye to “capture it”, optic nerve to “transmit it”, and brain to “process it” into sight? Are you kidding me? Only a lunatic would believe that! Friend, when you look at your physical body in the mirror, you are looking at God’s creation.

Allow me now to get technical about the physical realm for your benefit. What EXACTLY makes up the physical world? Friend, it is all made of atoms! An atom is the basic building block for the entire physical universe. To understand this concept, let me simplify it for you with an analogy. There are approximately 100 DIFFERENT atoms—called elements—that make up everything in the physical universe. This is not unlike there are 26 different sounds—called letters—that make up the English Language. If we name each sound we say that is letter “m”, or “t”, or “a”, etc. Likewise, if we name each different atom we say that is an element of “carbon”, or “hydrogen”, or “oxygen”, etc. In other words, a study of the *Periodic Table of the Elements* in Chemistry is like studying the alphabet in English.

Then, in the same way one picks and groups certain of these 26 different letters together to make words such as “d-o-g” or “a-n-g-r-y”, so, too, in the physical world God has picked and grouped certain of these approximately 100 different elements together to make molecules, such as “Hydrogen-Oxygen-Hydrogen” (water) or “Sodium-Chlorine” (table salt). Words are then combined to make sentences like molecules are combined to make cells. Sentences are combined to make paragraphs like cells are combined to make organs. And, finally, paragraphs are combined to make complete documents like organs are combined to make complete organisms, such as a physical human being!

But here is what I want you to mull over; the atoms making up the physical world DO NOT wear out! In other words, THE SAME ONES HAVE ALL BEEN HERE SINCE THE BEGINNING OF CREATION!!! So think about this; all that has been happening in the physical realm on Earth, since the beginning of time, is the EXACT SAME atoms are being continually shuffled around from one location to another! Do you understand? No new atoms are being created and none are being destroyed. Thus, the atoms making up your physical body right now have always existed on planet Earth since Creation! (Would

you not like to know where they have all been throughout history?)

See, you might have a carbon atom in you that existed inside Jesus' body 2,000 years ago! After he breathed it out in a carbon dioxide molecule, maybe it eventually ended up trapped in a spinach leaf that you ate, and now is part of a fat molecule in an epidermal cell on your right thigh! I know this all sounds silly to ponder, but I wish you would give it much thought, for it would teach you the relative worthlessness of your physical body and ALL materialistic things on Earth. See, all the possessions you "think you own" are merely atoms that have existed on planet Earth for thousands of years long before YOU were ever born, and they will all be here after YOU are gone!!! Do you recognize the folly in desiring those things? The Bible states clearly who owns the atoms of planet Earth: "**LET NO MAN SEEK HIS OWN... For the earth is the Lord's, and the fullness thereof**" (I Corinthians 10:24, 26). The truth is no one owns ANYTHING on planet Earth! You do not even own the atoms making up your own physical body!!! The Bible (speaking of our physical bodies) clearly states: "...till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return" (Genesis 3:19).

As you look at your physical body in the mirror tonight, I want you to contemplate how you accumulated that pile of atoms. Where did they all come from? The answer is they came from a lifetime of food consumption, skin absorption, and air inhalation. Think about it; at conception you were a 1 celled organism made up of atoms from your father's sperm and mother's egg. As your mom ate food made of atoms and breathed air full of atoms, you acquired millions and millions of those atoms and grew in size. Then, when you were born you breathed and ate your own atoms and got bigger and bigger. So, on a mere physical plane you are nothing more than the atoms you have consumed and retained in your lifetime! Today we know every atom in a human body is, on average, replaced every 7 years! Some are replaced a lot quicker and some take longer. Consequently, your physical body is mostly made up of atoms you amassed in just the last 7 years!

Cognizant of this, I pose a question to those of you who do not believe in a spiritual realm: If you are ONLY made up of atoms acquired from food, water, & air, then how or when did those atoms

start thinking and feeling? In other words, which can of beans did you eat that has you hating your brother? Which sprig of asparagus did you consume that now retains a memory from your childhood? For that matter, what atoms or molecules hold memories, and how do they continue to retain a thirty year old memory while your atoms are being replaced? What molecule emits depression? Which atoms think thoughts of suicide? Can we avoid eating the suicide molecule? Do you see how absurd these questions are? There HAS to be something more to a human being than just physical atoms. And there absolutely is; it is called our spirit or soul, and it is part of the spiritual realm!

So what IS the spiritual realm? What are its basic building blocks, and where is it located? These are very good questions, but we do not know the answers because the spiritual realm is currently invisible to us, and it is difficult to define something when you cannot see it! But from what we learn in the Bible, it seems logical the spirit realm's "material" is all around us and inside of us like some other dimension. Let us investigate.

We know angels exist in the spirit world, for the Bible affirms God CREATED—which means during the 6 day CREATION—an innumerable host of supernatural angelic beings to serve Him and minister to us in the spirit realm! The Bible declares: "*Are they (angels) not ALL ministering spirits*" (*Hebrews 1:14*). Furthermore, Paul wrote: "**For by him were ALL things created, that are IN heaven, and that are IN earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: ALL things were created by him, and for him: And he is BEFORE all things, and by him all things consist**" (*Colossians 1:16, 17*). Do you remember the first verse in the Bible: "In the beginning God created the heaven and the earth ... And the evening and the morning were the first day" (*Genesis 1:1-5*)? If God created heaven (space) and earth (matter) on the first day, it follows logically that it was sometime after that when He created ALL the perceptible and imperceptible things that exist IN heaven and earth, like human beings and angels. Do you see? (I point this out merely to debunk the false belief people have that angels have existed with God long before the Creation. This is a lie! Angels were created DURING the 6 day Creation period.)

But what is the relationship of “spirit material” to a human being? Does the Bible claim “spirit material” is inside of a human being? Yes, yes, yes!!! The Bible says: “*And the Lord God formed man of the dust of the ground, and breathed into his nostrils the BREATH OF LIFE; and man became a living soul*” (Genesis 2:7). See, mankind has a physical body and a spiritual soul! Our physical body came from the dirt of the ground and is made up of lifeless atoms, but our soul is made up of “spirit material” invisible to us right now but FULL OF LIFE. (Note: our “spirit material” is called our “living soul”.) Jesus fixedly declared: “**God IS a Spirit**” (John 4:24). And he also affirmed: “*The Father (God) hath LIFE IN HIMSELF*” (John 5:26). This means God IS the Spirit of Life, and ALL life comes from Him. Subsequently, on day 6 of Creation, what really happened was God breathed a portion of His “Spirit material” INTO mankind’s physical atoms of dirt, giving us life! In other words, when God breathed into the nostrils of Adam He gave him a part of His Spirit and his lifeless lump of atoms sprang forth with movement. See, only “spirit material” gives life. James wrote: “*For as the (physical) body without the spirit is dead, so faith without works is dead also*” (James 2:26).

Be acutely aware that every time you interact with another human being you are really interacting with God, because the “spirit material” inside each of us came from Him! Subsequently, we are all called His “spirit children”!!! The Bible says: “*Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?*” (Hebrews 12:9). Do you see? God is our TRUE Father, and we are ALL His spirit children; thus, He is known as the “Father of spirits”. Again, the Bible writes: “*Let the Lord, the God of the spirits of all flesh*” (Numbers 27:16). In other words, we are ALL brothers and sisters of our Father God! See, your brothers & sisters are not just the few in your immediate, physically born family; THEY are EVERYONE on Earth!!! If you can remember this (every human being is God’s spirit child), it should help you treat everyone with dignity, fairness, and kindness, for one day you will answer to God for how you treated HIM through His children—YOUR brothers & sisters! And, friend, God loves ALL His spirit children, and you better, too!

So what do we know about this life-giving spirit (soul) in us? Listen up, because this point is colossal: Our spirit is the part of us that contains our thoughts (mind), desires (will), & emotions (feelings). See, these “things” come out of our spirit! It is the spirit that can retain a lifetime of memories, house wants and desires, and feel emotions ranging from joy to pain. Friend, “spirit” is amazing stuff! “Spirit” can give and receive love. In fact, God is not only the Spirit of Life; He is also the Spirit of Love! John wrote: *“He that loveth not knoweth not God; for **God IS Love**” (1 John 4:8).* These truths are simple, yet incredibly central to understanding what a soul **MUST DO** to obtain eternal life!!! Therefore, please remember and internalize these vital points; God = Spirit of Life and God = Spirit of Love, and your spirit is where your thoughts, desires, & emotions exist!

The Apostle Paul understood clearly a human being’s pile of physical Earthly atoms move around ONLY because God’s spirit (breath of life) is inside it! He addressed the men of Athens saying; *“God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples (church buildings) made with hands...seeing he giveth to all life, and breath...**For in him we live, and move, and have our being...**For we are also his offspring” (Acts 17:24-28).* See, we live, move, and have our being because God’s “spirit material” is inside us—which again confirms we are all His spirit children (offspring).

Allow me to break this down further, showing you exactly how “spirit” moves a physical dirt body around. (Remember, our spirit (soul) contains our thoughts, desires, & emotions!) Watch how simple this is...If a thought of hunger arises in your spirit and you decide you want a sandwich, what happens? Your pile of Earthly atoms gets up and moves toward the refrigerator, opens the door, and starts assembling the ingredients for a sandwich. Do you understand what just happened? Your spirit moved your physical body!!! If you ever cease having thoughts, your physical body will lie motionless on the ground like a vegetable. Elihu wisely fomented to Job: *“If God were to withdraw his Spirit, ALL life would disappear and mankind would turn again to dust”* (Job 34:14, 15, Living Bible). Friend, the Bible is truth; it is God’s spirit that gives life to our physical bodies. Thus, “we live, and

move, and have our being” only because of “spirit material” in us that came from God. It is not a small matter to ponder: YOU are housing a part of God inside of you!!!

Let us talk about speech. Where do the words pouring out of our mouth originate? They, too, come from our spirit! Think about it; after a thought forms in your spirit, air atoms move out of the lungs, pass over the larynx’s atoms, and begin vibrating upward until the tongue atoms expel them intermittently out of the mouth cavity in the form of words. Jesus said this (not so technically) in the passage: “*O generation of vipers, how can ye, being evil, speak good things? **For out of the abundance of the heart (spirit) the mouth speaketh**” (Matthew 12:34). A great deal can be learned about the condition of someone’s spirit (soul) simply by listening to them talk! “Spirit” can spew forth words of hate, greed, & pride, or love, compassion, & humility. But “language communication” is ALWAYS a “spirit to spirit interaction”.*

Think about communication, scientifically...what physically takes place when you converse with someone? Do you pass atoms to them? If you whisper in someone’s ear, maybe your breath does, but what if you yell at someone 500 feet away? Then you do not! In that case, all “words” do are vibrate the already densely packed air atoms existing between the two people, transferring intermittent waves, which vibrate the listener’s ear drum atoms. Thus, no physical atoms are exchanged between the speaker and the listener. So, in the physical realm it is almost as if nothing happened, and yet you could say the wrong words to someone and be killed! That is because words are powerful because they are “spirit”. Jesus knew all of this: “*It is the spirit that quickeneth; the flesh (atoms) profiteth nothing: **the words that I speak unto you, they are spirit, and they are life***” (John 6:63). Clearly, even in speech, the spirit simply moves physical atoms around!

Incidentally, THIS is how God created the physical universe: “*And the earth (atoms) was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters*” (Genesis 1:2). Listen, when the “Spirit of God” began moving, thoughts formed and He spoke, and a formless sea of atoms in a chasm of darkness began to move, aligning themselves into the “things” we see and love today. Scientists know nothing moves in the

physical universe unless acted upon by a force, so initially there HAD to be a force that got everything (the atoms) moving at the genesis of Creation. THAT force was/is the Spirit of God (life)!!! That is why Jesus said my words are SPIRIT AND LIFE. Creation began as words flowed out of the Holy Spirit of God and every atom moved in perfect obedience to the sound of His voice. Hallelujah! “And God SAID, Let there be light: and there WAS light” (Genesis 1:3).

So here now is a good question...can we see God? No, but we can observe the movement of physical dirt atoms that have His life giving spirit inside them! In other words, we can see God by observing His creation!!! This is what Paul meant when he wrote: “For the invisible things of him (God) from the creation of the world are clearly seen, being understood by the things that are made” (Romans 1:20). Do you see? The other day I surreptitiously peeked through my window blinds to watch a male and female cardinal couple eating worms in my front yard. Since the female cardinal was not having much luck finding any worms, every third or fourth worm the male cardinal would find he would teeter-totter over to his honey and give it to her to eat. It was the sweetest thing to witness, and then I realized...I was seeing love!!! I saw and understood the “invisible things of God”—namely, His Spirit of Love—by watching two piles of atoms God had formed into birds move around. You can see God in a baby’s smile, a mother’s kiss, and a tail-wagging puppy licking a little boys face. Yes, as Paul wrote, the invisible things of God can clearly be seen!

You can acquire an appreciation of God’s love for His spirit children by watching an Earthly dad’s pile of atoms interact with his child’s pile of atoms. Watch him protect his child from harm; watch him diligently teach him things; and watch him sit back and chuckle in amusement at his playing. These things are happening on a spiritual plane, for it is “spirit” that lives, laughs, learns, and loves. Never forget: God loves YOU immensely because He IS Love and you ARE His child.

So what really happens when we “die” on Earth? Friend, it is not death at all!!! “Death” on Earth occurs when our spirit leaves our physical body. The REAL us (our spirit) is still living! Jesus vociferated on the cross: “Father, into thy hands I commend my SPIRIT: and

having said thus, **he gave up the ghost (spirit)**” (Luke 23:46). At that point, Christ’s spirit left and his physical body went limp and became motionless. All the atoms making up his physical body were still hanging on the cross, but his spirit was gone! See, physical death on Earth is just a “relocating” of our spirit to another location (dimension). When Jacob’s wife, Rachel, died the Bible explains: “*And it came to pass, as **her SOUL was in departing**, (for she died)*” (Genesis 35:18). When Jesus resurrected Jarius’ 12 year old dead daughter, listen to what happened: “*And he (Jesus)...took her by the hand, and called, saying, Maid, arise. **And her SPIRIT came again**, and she arose straightway*” (Luke 8:54, 55). See, if the spirit returns to the physical body, then it is alive again! So please understand “death” as we know it on Earth is simply a separation of our spirit (soul) from our physical body: “*Then shall the dust return to the earth as it was: and **the spirit shall return unto God who gave it**” (Ecclesiastes 12:7).*

Moreover, since our spirit contains our thoughts, desires, & emotions, when IT leaves our physical body we take those “things” with us! In other words, after exiting your physical body your spirit will still remember EVERYTHING you ever did on Earth. Do you understand? If you harbored un-forgiveness and hatred towards your Earthly father during your days on Earth, you will still have those feelings toward him when your spirit transfers into the spirit world. If your favorite color was blue, it will still be blue. If you got shot robbing a bank when you “died”, you will recall how it went down! I am just confirming your spirit is the REAL YOU!!! Subsequently, the “condition” of your spirit (soul) will not change when it leaves your physical body.

In this regard, the Bible has a far better “term” that more accurately describes (from mankind’s perspective on Earth) what condition someone is IN who “died” on Earth; it says they are “ASLEEP”! See, Lazarus’ spirit (soul) had left his physical body and his sisters had buried his cold flesh in a tomb for 4 days, but Jesus simply told his disciples: “*Our friend Lazarus sleepeth; but I go, that I may awake him out of sleep*” (John 11:11). Do you understand? With stones pelting his body and head, listen to the Bible’s conclusion of Stephen’s death: “*And he kneeled down, and cried with a loud voice, Lord, lay not this sin to their charge. And when he said this, **he fell asleep***” (Acts 7:60). In other

words, he died! Now listen, when someone is sleeping on Earth their spirit is FULLY alive for it is still having thoughts (dreams); the only problem... YOU CANNOT COMMUNICATE WITH THEM!!! THIS is precisely how it is with everyone who has ever “passed on” or “died” on Earth: Their spirits are fully alive; we just cannot communicate with them. Consequently, (from our perspective) a “dead” person is merely SLEEPING!

Today, there is a massive body of evidence supporting the fact that human beings are really “spirit beings” housed inside physical bodies, for there are literally millions of people who have had “out-of-body” experiences! These incidents are called near-death-experiences (NDE). During these encounters, the spirit exits the physical body, leaving it motionless and unresponsive. The person is deemed clinically dead—no heartbeat, no breathing, and no electrical brain activity—for a period of time, until their spirit returns to their physical body, reviving them to life. When studying these NDE cases it is remarkable how similar the experiences are! Although out of the physical body, initially the spirit remains conscience of the Earthly location it just left—a hospital room, a mangled car wreck, or wherever “death” found them. Then, depending on how long the NDE lasts, the surroundings start to change as spiritual beings come to “interact” with them! Some are taken to hellish places, while others are taken to heavenly places. But always, in their spirit body, they realize they have the same thoughts, feelings, & desires they had when in their physical body, remembering everything they ever did or experienced—e.g. they know their parents, marriage partner, kids, etc.

NDE’s are nothing new, though, for the Bible mentions such a case almost 2,000 years ago: “*I (Paul) knew a man in Christ above fourteen years ago, (**whether in the body, I cannot tell; or whether out of the body, I cannot tell: God knoweth;**) such an one caught up to the third heaven*” (II Corinthians 12:2). See, truth is truth. Consequently, indubitably people have been having NDE’s all throughout mankind’s history. In the 1980’s a lady “died” in a hospital room and her spirit body floated up through the ceiling to the flat roof of the hospital, where she saw a pair of sneakers lying there. When she revived (her spirit returned to her physical body) she told the doctors what she had experienced and

seen. They were stunned, having gone up onto the roof, to find what she saw was real! Friend, this NDE proved “out-of-body” experiences are NOT hallucinations: They are reality!!! Frankly, it is silly to deny the truthfulness of these people’s encounters after witnessing the profound change it makes in their lives afterwards! I greatly encourage you to go online and read some notable NDE accounts—e.g. Howard Storm, Ned Dougherty, Ricky Randolph, etc—for the lessons they learned during their ordeals sum up the TRUTH of the Bible’s message.

A mystery is how our spirit is intermeshed or intertwined with our physical body. In other words, where in the physical body does the spirit reside? The Bible seems to hint the answer as being “in the blood”: “*For the **life of the flesh is in the blood***” (*Leviticus 17:11*). Since the blood is in contact with every cell of our physical body, it stands to reason the “spirit of life” might reside there—i.e. the spirit gives life to the flesh and the flesh’s life is in the blood! Supporting this likelihood are the words God spoke to Cain after he slew his brother, Abel: “*What hast thou done? **The VOICE of thy brother’s BLOOD crieth unto me from the ground***” (*Genesis 4:10*). Since we know words form in the spirit, this verse also suggests the spirit resides in the blood.

Another mystery is when does a spirit (soul) become lodged into a multiplying group of cells in a mother’s womb after insemination? Solomon wrote: “*God’s ways are as mysterious as the pathway of the wind, and as the manner in which a human spirit is infused into the little body of a baby while it is yet in its mother’s womb*” (*Ecclesiastes 11:5 Living Bible*). At least we know the spirit (soul) is placed inside the physical body while the fetus is still inside its mother’s womb!

In the Bible, synonymous terms for a human being’s spirit are: soul, heart, ghost, and inner man; and the synonymous terms for a human being’s physical body are: body, flesh, and outer man. The Bible is replete with verses that juxtaposition these two entities. For example: “*For bodily (fleshly or atom) exercise profiteth little: but **GODLINESS (spiritual exercise) is profitable unto all things, having promise of the life that now is, and of that which is to come***” (*I Timothy 4:8*). Here we learn the relative value between the two: Conditioning our physical body is relatively worthless because the atoms making it up just go back to the dirt to be recycled, but conditioning our spirit to godliness is

priceless for that has to do with forsaking sin and aligning our thoughts, desires, & emotions up to right (righteous) living, which will then allow our spirit (soul) to live eternally!

Jesus confirmed the immense worth of our spirit when he said, *“For what is a man profited, if he shall gain the whole world (atoms), and lose his own soul? Or what shall a man give in exchange for his soul?”* (Matthew 16:26). Here, Jesus makes it abundantly clear that we can “lose our soul”, meaning forfeit it for all eternity! Now, here is wisdom of the highest degree—and I will only introduce you to this concept here, but it is SO important that throughout this book I must Biblically develop it—do you know what is the MAJOR desire (which means it comes out of one’s spirit) fighting against your soul’s chance at eternal life? IT IS YOUR SOUL’S LUST FOR WORTHLESS EARTHLY ATOMS!!! (Did it feel like I just drove a knife into your heart? If so, that is serious cause for concern! And if you care at all about your soul’s eternal destiny, I beg you to finish this book.) THAT is why Christ lamented even if you gain control of every atom on Earth (in the form of land, houses, & possessions) during your brief tenure on planet Earth, it will not be worth the price of “losing your soul” for all eternity. In other words, your 1 soul is worth more than ALL the atoms making up planet Earth!!!

Well, an entire book is needed to truly do the subject of the physical realm versus the spiritual realm justice, but I pray in reading this chapter you now have an inkling of the difference between the two. But most importantly, I hope you understand YOU (and all mankind) are God’s “spirit children” housed inside physical dirt bodies made of Earthly atoms. And you should realize the REAL YOU is your spirit (soul), which contains your thoughts, desires, & emotions. With this important insight into the “makeup of man”, we can now proceed with understanding the Bible, for it is truly a book about God’s plans for mankind’s souls!